Since insects are crustaceans...
The best science indicates that insects (Hexapoda) evolved from within the crustacean lineage...

...why eat crabs and shrimps but not grubs and bugs?

Who does eat insects?
Just about everyone in the world except North Europeans

Northern Europe
(what is wrong with these people?)

Asia
wasp larvae
aquatic insect larvae
dragonfly
damsel fly adults
waterbugs
cicadas
cricket
grasshoppers
locusts
silk moth pupae

Africa
palm weevil larvae
mopane worms
ants
termites
wasp
coconut palm grubs
beetles

Mexico
North America
South America
glasshoppers
agave larvae
fly pupae
ants
termites
wasp
coconut palm grubs
beetles

Why eat insects?
Excellent nutritionally and widely available

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Grasshopper (100g)</th>
<th>Shrimp (100g)</th>
<th>McDonald's® Hamburger (100g)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Protein</td>
<td>21</td>
<td>21</td>
<td>12</td>
</tr>
<tr>
<td>Iron (mg)</td>
<td>5</td>
<td>13</td>
<td>15</td>
</tr>
<tr>
<td>Calcium (mg)</td>
<td>35</td>
<td>5</td>
<td>12</td>
</tr>
<tr>
<td>Total fat (g)</td>
<td>6</td>
<td>2</td>
<td>9</td>
</tr>
<tr>
<td>Calories</td>
<td>120</td>
<td>106</td>
<td>252</td>
</tr>
</tbody>
</table>

Dean Pentcheff, Kathy Omura, Regina Wetzer

Natural History Museum of Los Angeles County